







GWRRA

Region N NC District

Chapter NC-C2

GWRRA NC – C2 Smithfield, NC

FRIENDS for FUN, SAFETY, and KNOWLEDGE

August 2017 www.c2goldwings.jimdo.com

"The Wingin' News"

Meetings held at PARKSIDE CAFÉ in Pine Level the 1st Tuesday of each month except the month of February. Meetings are held at the Annual Chili Cook-off at Smithfield Moose Lodge in February. PARKSIDE CAFÉ' is located on Hwy 70 ALT East, I-95 Exit 97, 2 miles on the right past the Robbins Nest Restaurant. We eat at 6:30 and meet at 7:30 PM.

THE WINGMASTER 2017 STAFF

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Chapter Directors	Tom and Linda Tipton	919-738-2109	tiptonsauto@att.net
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National Directors			
Deputy Directors (A&N)	Bob & Nancy Shrader		
President	Anita Alkire		



Your Chapter Directors Tom and Linda Tipton

August 2017

We hope everyone had a Fun and Safe 4th of July!!!

We had a great time with our motorcycle riding all over Tenn. with Family, we also visited two Tenn. GWRRA Chapters. We had a great time.

We have members still in need of prayers! Don't forget to give them a little TLC the next time you see them!

Try to be smart riding your Motorcycle through this very H O T weather!

linda&tomt





Ride Coordinator – Brenda and George Harper

Watch for an email, Brenda will send when a ride is planned during the month!



Your motor awareness "Tip".

If when you check everything and try to prepare yourself and your motorcycle, things happen that are beyond your control..........



Friends for Fun, Safety & Knowledge

Warm Weather Worries

First, make sure you have gear appropriate for the weather. Consider what you will wear to cover your arms while riding in direct sunlight during daylight hours (if you are lucky enough to avoid the rain). If you have it, a mesh jacket provides unparalleled ventilation and abrasion resistance. A denim shirt is another alternative that is fairly light weight and offers better protection than t-shirt material. Protection is important, but keep in mind that when you are comfortable, you are able to focus on the act of riding. Denim is a common choice for long pants, but you might want to think about purchasing motorcycle-specific riding pants for extra protection. Gloves are the other area where the ambient temperature is usually factored into the decision of what to wear. Perforated leather gloves will breathe better than solid leather. Another good choice would be mesh gloves which, like the jackets made of similar material, provide great ventilation coupled with superior abrasion resistance. They are worth considering. Consider carrying a water absorbing collar that you can soak in water and wear around your neck to help keep you cool. Or be prepared to soak and wear your shirt or t-shirt at a rest stop in the hottest weather.

Second, plan to maintain your hydration level. Every time you stop for gas or a rest break in hot weather, take time to drink enough fluids to replace what you lose through perspiration. This should be at least eight ounces per hour during the heat of the day. You may think that your clothes are not holding an entire cup of sweat that you could wring out of them. And that is probably true. While you are riding, some of your perspiration is soaked up by your clothes and is carried away by the air flowing around you. And some moisture evaporates directly from your skin. It must all be replaced to keep your system hydrated. A simple way to determine if you are getting enough fluids is to monitor your output at rest stops. In short, if you are drinking frequently but don't have to go at each rest stop, then you probably are not drinking enough. Modify this as necessary for your own situation. Carry a bottle of water to drink from whenever you need it. Be sure to refill it at rest stops.

With the right gear and travel plans that include frequent breaks with plenty of water, you can enjoy riding safely even in the hottest weather.

LEVELS I, II, III, & IV

Don't forget to keep a check on your levels
To keep them up to date, also to plan to update
Your levels at any GWRRA function
During all the classes they offer
Be sure to register soon & take the classes.



Shari and Charles "Sammy" Langdon with Zoey (their granddaughter

Ride Smart & Be Safe! Charles Langley C-2 Chapter Educator

Member Enhancement Program Coordinators (MEC)

Charles and Sue Langley 919-222-2810

slangley5452@gmail.com



Langley life is an adventure! As all of you know, Charles was in the Smithfield hospital for 6 days. He had c-dif and salmonella all at once. We are so very thankful to all of you for your prayers! Once again, God showed His love for us!

GWRRA life is also an adventure! We have really enjoyed being able to get back on the road, sometimes on the trike, and visit with everyone in their chapter. We had the opportunity to go to the Virginia District Rally and you will be happy to know that the North Carolina District was well represented in Virginia.

Charles and I missed the West Virginia Rally because

of the hospital stay. Again, North Carolina was well represented and we were told that they had tons of fun! I'm positive that they did have their share!

Next trip is the Couples Retreat and every couple can count on a good time. Our poor little Yorkie, BB, is getting confused, she is thinking, "Do I go with Mama and Daddy, or do I stay home? Those of us who have fur babies enjoy their companionship.

As I mentioned last month to those of you that are on the faith journey with us for our daughter, Trisha, please keep walking with us. She is still recovering, although it is a bit slower than expected. We are counting on our prayer partners! That is you!!

Now for the days ahead, I know that everyone is trying to get a few more days of canning, freezing, vacation days, or maybe even fishing. How about a GWRRA ride? They are lots of fun!!!!

Love all of you! Charles and Sue



Tom and Linda Tipton August 5 Kerney and Connie Eason August 11



Shari Langley

August 30



2017 NC-C2 Chapter Couple

Connie and Kerney Eason





From the Brain of your Webmaster.....C a n d i s M e d l i n

August is headed our way and with it comes even hotter weather than we've already had. Load up on water and let's head out on ice cream rides. My work schedule isn't any better, just pray with me that our AC doesn't go out again.

Ride all you can, but ride safely and stay as cool as possible. Take in as many of the fun days held by our chapters as you can. Keep your eyes on everything around you and enjoy your ride.

Let's Ride – for fun, for fellowship and keep safety on the top of your list....... Candis Medlin 919-815-6824 nc_C2_smithfield@yahoo.com



We did not have a meeting in July since the first Tuesday in July was on July 4^{th} . Reporter: Dottie Baker



North Carolina District Directors Roy and Cindy Bryant

If there is one thing I could do, it would be, SLOW DOWN TIME. The year of 2017 is moving so fast; I am having a hard time keeping up with it (sign of old age?). We are now already into July with Wings Over The Smokies® almost here.....rush, rush. This is our first year at the new venue and so many things will be different. We are trying to cover as much as possible, but I am sure somewhere there will be other things to be added. Many things are being planned, like the fashion show. This is different from the past, Talent Show, since the town of Waynesville is treating us special on Friday night. Dress in the era of early 1800's (individually or as a group). If you have a "speaker" to describe your "line" of fashion, that will be great. Sign up, strut the runway and have a great time. The pie eating contest is the opportunity for the members to sign up themselves or maybe your "chapter director" to see who can eat the most in the fastest time. Teams need to pull together and dress your mascot (livestock) to see who will win the 2017 Ribbons. If you have jams, jellies, vegetables, etc.....enter them into the "home grown" contest. We will have the opportunity to see Waynesville downtown at night when they welcome us with a street dance. Of course, no rally would be complete without ice cream and the NC Precision Drill Team performance. So much more this year so don't forget to look in your packets for other fun things. Let's don't forget Rider Education. Thanks to Tony Prewitt and team for the most recent ARC/TRC (in the rain). While we are not able to do this at our new WOTS® venue, there will be a Masters' Breakfast and a Medic First Aid. From our District Trainer, Carol & Tom Scully, many modules will be presented in guite a different way that we were accustomed to. Come be a part of it all.

Cindy and myself have been to many other rallies this year. While we support the other rallies, we are given the opportunity to promote Wings Over The Smokies®. If you have the opportunity to visit other areas, we encourage you to do so. Even if you are the only one from NC, you will find that you will have a grand time. While there, don't forget to sell a raffle ticket or two; we really hope the sells are doing well. North Carolina has been fortunate to give away a new bike for many years. This is only possible with your help. The tickets you sell, pays for the bike giveaway.

This month will be very busy, starting with VA District Rally, RITV. Two weeks after that, WV District Rally (new location this year). Then we honor our special Chapter Couples with a retreat just for them. I have seen many couples out and that is so wonderful. North Carolina has a great list of Couples (all of which should be in selection).

Wing Ding, Grapevine, Texas is calling you and I. Yes, we are going and hope to see many of you there too. Just like all other rallies, volunteers are needed. North Carolina will be "greeters" and "arm band checkers". We get to share the NC hospitality and we need 6 members to step up and help. This will be for one day only, Thursday August 31, 9AM – 5PM. This time will be broken into ½ day shifts with Cindy & I there all day. This is where you get the opportunity to capture all the GWRRA Hugs you can handle in one day. Shoot me an e-mail if you can/will help out. Thanking you in advance for all your help. MEMBERS ARE NUMBER ONE!!!!

Roy & Cindy Bryant NC District Directors MEMBERS ARE NUMBER ONE!!!! Roy & Cindy Bryant NC District Directors







NC Assistant District Directors East – Austin and Deggy Gauthier

Hello Wingers,

WOW, where has the time gone — drier weather & Heat has finally arrived; It's all GOOD though. Our wonderful Gold wing members are caring & helpful people; we are so proud of our East Chapters. When the chips are down they step up and take care of business and each other. We have New ACD coming on board in Smithfield, thanks Kerney & Connie Eason; good people keeping the East alive —— Thanks for all you do for GWRRA & the EAST.

We've been out visiting other chapters. We surprised Libby Jennings in Burlington at their June gathering.

Everyone is planning for more educational classes and events. We are preparing to head to the Rally in the Valley, in Roanoke Virginia; that's how all chapters and rally's grow - Visitation.

Wings over the Smokies® is around the corner, and we're excited. We hope you are too. We're only 3 months away from our event, several Chapters have sold their tickets and have come back for more — proud of you all. Roy and Cindy are planning new & different things for us all; we appreciate their loyalty, time, hard work, and love for GWRRA to make our Rally a success.

A reminder, Peggy, myself and the other District Staff are always available to help with the day to day problems that arise within Chapters. We are just a phone call or email away.

Stay safe and we'll see you on the road !!

Austin & Peggy Gauthier

ADD's East









NC District Leadership Trainers Tom and Carol Scully

WE CAN DO THIS.

I found this years ago in a Home Owners' Association newsletter and have had it posted at work as a reminder. Looking at it the other day (and knowing I had to write a newsletter article for July) I thought about how the lessons apply not only to my work, but to GWRRA members as well.



Fact 1: As each goose flaps its wings, it creates "uplift" for the birds that follow. By flying in a "V" formation, the whole flock adds 71% greater range than if each bird flew alone.

Lesson: Our members share a common purpose, sense of belonging and community. We work with each other as we share common goals. Events are more fun and happen more easily because we work from the energy of the group. The same holds true when we are group riding. We are safer traveling together and the ride seems shorter because we enjoy the synergy and company of others.

Fact 2: When one goose falls out of formation, it suddenly feels the drag and resistance of flying alone. It quickly moves back in formation to take advantage of the lifting power of the bird immediately in front of it.

Lesson: As members of GWRRA, a Region, District and Chapter, we support all the members. Through Sunshine, we learn when someone needs help, prayers or advice and we quickly move to support them. As individual members, we are willing to accept help when it is needed because we know that others really care for us.

Fact 3: When the lead goose tires, it rotates back into formation and another goose flies to the point position.

Lesson: This is something that all directors and leaders try to assure: the successful succession of leadership within the Chapter, District, Region, etc. In some areas, we need to ask more of the members to make certain this occurs. Taking turns with the responsibilities that come with leadership is sometimes hard to do, but is necessary if we are to continue to grow. We all have a multitude of knowledge, skills and capabilities we can use to help each other.

Fact 4: The geese flying in formation honk to encourage those up front to keep up their speed. **Lesson**: We encourage our team members by attendance at rides, gatherings and rallies, and by responding with a "Yes" when asked to do something. In groups where the members work together, there is more fun and things happen more quickly.

Fact 5: When a goose gets sick, wounded or shot down, two geese drop out of formation and follow it down to help and protect it. They stay until it dies or can fly again. Then they launch out with another formation or catch up with the flock.

Lesson: The geese have common sense and are a community. Like them, we share in the hardships (and the joy) of others within GWRRA. We are there for each other when needed. All we need to do is ask!

I think of some of these facts and lessons every time I see geese, especially when they are flying in formation, or when I see three on the side of the road. As we learn from nature and enjoy the beauty of the natural world, I hope you will never look at geese the same after learning the lessons they can teach us.

North Carolina/Virginia Training Day – August 26, 2017

O'Berry Neuro-Medical Treatment Center, Goldsboro, NC

Plans are being made for a joint North Carolina/Virginia Training day in Goldsboro on Saturday, August 26th. For those of you not traveling to Wing Ding, please reserve the date to join us for new University Modules and Rider Ed Training. Details will follow in the August newsletter, from your ADDs and in emails to your Chapter Directors. You can also contact me for more information. Carol A. Scully

NC District Trainer



2017 Dates to Remember...... Flyers for events are on District Web Site

August 2017

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Eastern Chapters		C2 Smithfield 730 at Parkside	2	G High Point 630/730 V Statesville 6/7 D Greenville 730	4	5 S2 Sanford 10/11 Y2 Matthews 10/11 G2 Waynesville 3/4
6	7	Rocky Mt 730 B2WinstonS730	9	10 A Greensboro 730 T2 Albemarle 730	11	12 L2 Mooresville 9/10 X2 Wilkesboro 1/2 U2 Laurinburg e2/m3
13 X Wake Forest eat 5 / mtg 6	14 W Eden 730	15 E Cary 730 L Gastonia 7 M Salisbury	16	17 F2 Garner 730 H2 Durham 730 E2 Eliz City 700	18	19 Q Wilmington M2 Hendersonville 9 P2 Forest City 130/230
20 O2 Hickory 5/6	21 D2 New Bern 730	22 R Thomasville 730	23	24 N Burlington 730	25	26 I Asheville 9/10 Y Morganton 6/7
27 K2 Fayetteville 2	28	29	30	31		

September 28-30, 2017 "Wings Over Smokies" at Haywood County Fairgrounds, 758 Crabtree Road, Waynesville, NC









"Hello from Vienna, Austria. Alan and I are traveling and we will have lots to tell. I hope everyone is riding and having lots of safe fun out there on the road."

2017 Region N Rally at Johnson City, Tennessee Holiday Inn — November 2nd - 4th -----Put it on your calendar and plan to attend.......