



GWRR



Region N



NC District



Chapter NC-C2

GWRR NC – C2 Smithfield, NC

FRIENDS for FUN, SAFETY, and KNOWLEDGE

August 2016

www.c2goldwings.jimdo.com

"The Wingin' News"

Meetings held at PARKSIDE CAFÉ in Pine Level the 1st Tuesday of each month
Located on Hwy 70 ALT East, I-95 Exit 97, 2 miles on the right past the Robbins Nest Restaurant.
We eat at 6:30 and meet at 7:30 PM.

THE WINGMASTER STAFF

C2 Officers

Chapter Directors	Tom and Linda Tipton	919-738-2109	tiptonsauto@att.net
Asst. Chapter Directors	Dale Petzold, Jane Diloreto	252-288-2344	dalepet@centurylink.net
Chapter Educator	Sammy Langley	919-440-0084	clangley691@gmail.com
Chapter Treasurer	Eddie Lewis	919-921-1448	elew1955@yahoo.com

Member Enhancement

Coordinator	Dale Petzold	252-288-2344	dalepet@centurylink.net
C2 Chapter Couple			
Couple of the Year	Charles and Sue Langley	919-222-2810	slangley5452@gmail.com
Webmaster	Candis Medlin	919-815-6824	froggylightnin@yahoo.com

Coordinators

Ride Coordinator	Jane Diloreto	252-241-5976	dixie2906@centurylink.net
M.A. Coordinator	Tom Tipton	919-738-2109	tiptonsauto@att.net
Special Events Coord	Kerney and Connie Eason	919-348-7995	cbeautysho@aol.com
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Sunshine Lady	Connie Eason	919-518-7375	cbeautysho@aol.com
50/50 Coordinator	Eddie Lewis/Wayne Branch	919-921-1448	elew1955@yahoo.com

District Directors	Roy and Cindy Bryant	252-883-8738	rcbryant@suddenlink.net
ADDs East	Bobby & Susan Womack	919-499-1352	bwomack@charter.net smwomack@charter.net



Your Chapter Directors Tom and Linda Tipton

Aug. 2016

Hope everyone is staying as cool as they can through this hot! hot! weather. It has been unbearable to say the least!



We had a big meeting last month..... It really helps to have some of that **Wood** (plaques), that everyone talks about to give away. C2 has a good record for going after the plaques and getting them when we put our minds to it.

Some Chapters in the NC District, seem to be having a tough time of it. While we at C2 are holding our own, With a little adjusting here and there. We do need some new members but all in all we are good.

Members of C2, give yourself a hand, I talk about C2 all the time and praise C2 for being a go-getter chapter to other CD's when sitting and just shooting the breeze. We have members that ride a lot! We have friends of C2 that try to make all our meetings and most of our get togethers. We have members that can't wait to go after a plaque. We have members that will not miss a C2 meeting or get togethers. We have members that do not hesitate to help no matter what. We have officers and staff members that step up to do jobs within the chapter with no complaints, Most performing more than one job. I feel really good when it comes to C2 remaining a chapter in GWRRA. Linda and I are proud to be a part of C2! Everyone else should be also! Thanks Members And Friends of C2 for all your hard work and help making C2 a strong and Fun Chapter in NC.

We have some more wood (plaque) to give away in August, the Eastern Travelers Plaque is up for capture at our August 2nd meeting.

thanks again
tom

**Your Assistant
Chapter Directors
Dale Petzold
and
Jane DiLoreto**



August 2016

Well, Jane bought a new rain suit at the Garner Rally but has yet to use it. Not because we haven't had rain, of course, but simply because the threat of thunderstorms and lightening kept us on four wheels. It's one thing to get wet, but another to deal with the fear of a lightening strike! It has been a wet summer, but the local farmers are happy. The corn that is growing around our house is quite tall now, and as a matter of fact, you can no longer see our house from the road, unless you're right in front of it.

The political climate is heating up, and it has certainly brought some excitement to our evenings this past week, in the form of television viewing during one of the conventions. We are praying that God will guide this country to making good choices in November.

We enjoyed our monthly chapter dinner ride to McLeans restaurant in Zebulon on the 16th, and are looking forward to the next dinner event.

Jane's twin sister, Judy, is recovering nicely at home now, although she still has a long way to go. Thank you for your prayers and cards. It was very much appreciated.

Looking forward to seeing you on the 30th, and at our August chapter meeting. Remember, if you are attending Wings Over The Smokies, it is time to get your registration in. We will have fun!

Dale and Jane

Ride Coordinator - Jane DiLoreto



We had our monthly dinner ride on the 16th, and went to McLean's Restaurant in Zebulon, which is always enjoyable. We had a small group, but it is summer, and people are away on vacation a lot and enjoying their summer.

Unfortunately, we have not been able to ride much because of the thunderstorms, but we hope to make up for that in the Fall.

We are also hoping that you will join us whenever you can. We always have fun, and the rides are two wheels, three wheels, and four wheels. Fellowship within the chapter and the district is a good time for all, so don't stay home – get out and feel the wind beneath your wings!

I am always open to suggestions for places to eat/visit for our rides. Our next dinner ride will be Saturday, August 13. Check your email for information.

Enjoy your summer; stay safe and healthy!

Jane DiLoreto, 252-241-5976 dixie2906@centurylink.net



Rider Education Program

Friends for Fun, Safety and Knowledge

Warm Weather Worries

Motorcycle riding is an activity that takes all of us outdoors. For many of us, the riding season is comprised of summer with some spring and some fall periods. For others, the best riding times are during the spring and fall seasons due to excessive heat in the summer months. For all of us, we are likely to be riding in hot weather at least some part of the year. Since too much heat can cause severe medical emergencies, it is important to know how to avoid becoming a victim of the heat. So how do we avoid heat stress, or more severe conditions like hyperthermia, to remain safe?

Let's review some warm weather riding tips -

First, make sure you have gear appropriate for the weather. Consider what you will wear to cover your arms while riding in direct sunlight during daylight hours (if you are lucky enough to avoid the rain). If you have it, a mesh jacket provides unparalleled ventilation and abrasion resistance. A denim shirt is another alternative that is fairly light weight and offers better protection than t-shirt material. Protection is important, but keep in mind that when you are comfortable, you are able to focus on the act of riding. Denim is a common choice for long pants, but you might want to think about purchasing motorcycle-specific riding pants for extra protection. Gloves are the other area where the ambient temperature is usually factored into the decision of what to wear. Perforated leather gloves will breathe better than solid leather. Another good choice would be mesh gloves which, like the jackets made of similar material, provide great ventilation coupled with superior abrasion resistance. They are worth considering. Consider carrying a water absorbing collar that you can soak in water and wear around your neck to help keep you cool. Or be prepared to soak and wear your shirt or t-shirt at a rest stop in the hottest weather.

Second, plan to maintain your hydration level. Every time you stop for gas or a rest break in hot weather, take time to drink enough fluids to replace what you lose through perspiration. This should be at least eight ounces per hour during the heat of the day. You may think that your clothes are not holding an entire cup of sweat that you could wring out of them. And that is probably true. While you are riding, some of your perspiration is soaked up by your clothes and is carried away by the air flowing around you. And some moisture evaporates directly from your skin. It must all be replaced to keep your system hydrated. A simple way to determine if you are getting enough fluids is to monitor your output at rest stops. In short, if you are drinking frequently but don't have to go at each rest stop, then you probably are not drinking enough. Modify this as necessary for your own situation. Carry a bottle of water to drink from whenever you need it. Be sure to refill it at rest stops.

Third, remain aware of your own physical condition. Exposure to too much heat for too long can result in hyperthermia. This is the condition where your body cannot properly regulate your internal temperature and your temperature rises uncontrollably. If allowed to reach this state, it is a medical emergency requiring immediate medical attention. The key is to prevent your body from reaching this condition. Watch for symptoms like the absence of sweat in hot weather. This could mean your body has lost too much water and cannot produce any more sweat, the principal means of temperature regulation. Without the ability to sweat, the core temperature of the body will rise quickly. Other early warning symptoms include

confusion, headache, dizziness, redness of the skin, often most noticeable on the face. If you notice any of these symptoms in yourself or those riding with you, find the nearest place to sit down, drink lots of water, and relax in the shade or an air conditioned space. Remove gear and loosen clothing to allow the body to cool itself. Increase the frequency of breaks during the hottest part of the day. And definitely get out the water absorbing collar or soak your shirt at this time. It will help bring your body temperature back down. With the right gear and travel plans that include frequent breaks with plenty of water, you can enjoy riding safely even in the hottest weather.

Ride Smart & Be Safe!
Charles Langley
 C-2
 Chapter Educator



Shari and Charles "Sammy" Langley with Zoey (their granddaughter)



Member Enhancement Program Coordinator (MEPC)

Dale Petzoid

As those of you who attended our last chapter meeting know, I reviewed your membership status with you. It is important that we keep this up to date and support our district by renewing our membership when it becomes due.

I am always open to new ideas as well as listening to your concerns about GWRRA and your chapter. I am looking forward to seeing you at our next chapter meeting.

Dale Petzold 252-288-2344

dalepet@centurylink.net



Steve Ashinhurst
 Shari Langley

August 27
 August 30



Tom and Linda Tipton
 Kerney and Connie Eason

August 5
 August 11



2016-2017 NC-C2 Chapter Couple Charles and Sue Langley

Hey dear friends,

Boy! Has life been fast paced recently! We've been to several chapter meetings and it was very good to see Sue Hays at her meeting on Saturday, July 2. She will continue to carry on the torch as CD!!! We also saw her last night at E Cary's meeting. Please continue to pray for her as this is a time for her to regroup with life. Sue is a lovely lady and a great friend to everyone!

Charles and I also attended the South Carolina District Rally in Anderson. It was a very nice visit with them. We are looking forward to having S.C. with us at Wings Over the Smokies!!

We would like to congratulate Peggy Gauthier for being this year's winner of "Wings Over the Smokies logo contest". It was a big surprise for Peggy when Cindy announced that at Z Rocky Mount last Tuesday night. Peggy's remark was, "I am humbled." Sounds just like Peggy, another great lady.



Charles says thank you to everyone for praying for him during his recent surgery and healing.

Love you all,
Charles and Sue



From the Brain of your Webmaster.....C a n d i s M e d l i n

With the weather as hot as it has been lately it was a much needed break from the heat this past weekend when we got to enjoy our annual church retreat in our mountains at Blowing Rock. Since it was 20 degrees cooler, it made me wonder if I even wanted to come home.



You can see for miles from here.



The beautiful outdoor chapel where we gathered.

Waterfall at Crabtree Meadows, the view is almost worth the 3 mile hike.



We ran into a wild biker gang on Cushmans at the Orchards.



Old Mill Wheel at Moravian Falls

Well, we did come back home and we're back to the real world of everyday living and high temperatures.



Let's Ride – for fun, for fellowship and keep safety on the top of your list.....
Candis Medlin
919-815-6824
nc_C2_smithfield@yahoo.com



Eat and Meet for July 2016

Our meeting was opened by Chapter Director, Tom Tipton, introducing our guest chapters. They were as follows: X2 Wilksboro, D2 New Bern, F2 Garner, X Wake Forest, E Cary, Z Rocky Mount, K2 Fayetteville, Y Morganton.

We had prayer blessing our food as well as many needs for our GWRRA family and others. We then said the pledge of allegiance to the American flag and acknowledged our Veterans present .

The Region N Plaque was awarded to Chapter N Burlington. The Tar Heel Travelers Plaque was awarded to Y Morganton. Libby from Central won the door prize. Libby also promoted Wings Over Smokies 2016. Corky Lee, District Couple, spoke on the Couples Retreat. Roy and Cindy Bryant, District Directors, also promoted WOS and the talent show. John and Lena Bryant, District ME, spoke and promoted Wake Forest X-Octoberfest to be held Saturday, October 15 and gave away one free registration that was won by Kenny Baker C2. Mitch from K2 and Alma Wellman Y both won the Vest drawing. The couples drawing was won by yb regoR and Sue Turner. Corky Lee from K2 Fayetteville won the candy jar by guessing the closest number of pieces of candy inside. The cake that was donated by Shari Langley was won by Peggy Gautier from Z Rocky Mt. Peggy cut and shared the cake with everyone.

Jane Diloreto, C2 Ride Coordinator, announced our next ride for July 16 to McCleans. Email to follow. Sammy Langley, C2 Chapter Educator, talked on the weather and safe riding. Tom Tipton, C2 Motor Awareness Coordinator, spoke about stop signs and signals.

A cup game was played and enjoyed by all. Birthdays and anniversaries for C2 members and all guests were acknowledged. The pick-a-box game was won by little Haley Chapman from Morganton, \$5. Door prizes were distributed. Three 50/50's of \$50 plus were drawn and won by Pat Joyner, Becky Z and Corky. Although the weather was stormy and the lights blinked a few times, we had a packed out crowd with 61 guests and 17 members making a total of 78 present! Thanks guests for coming to visit C2!

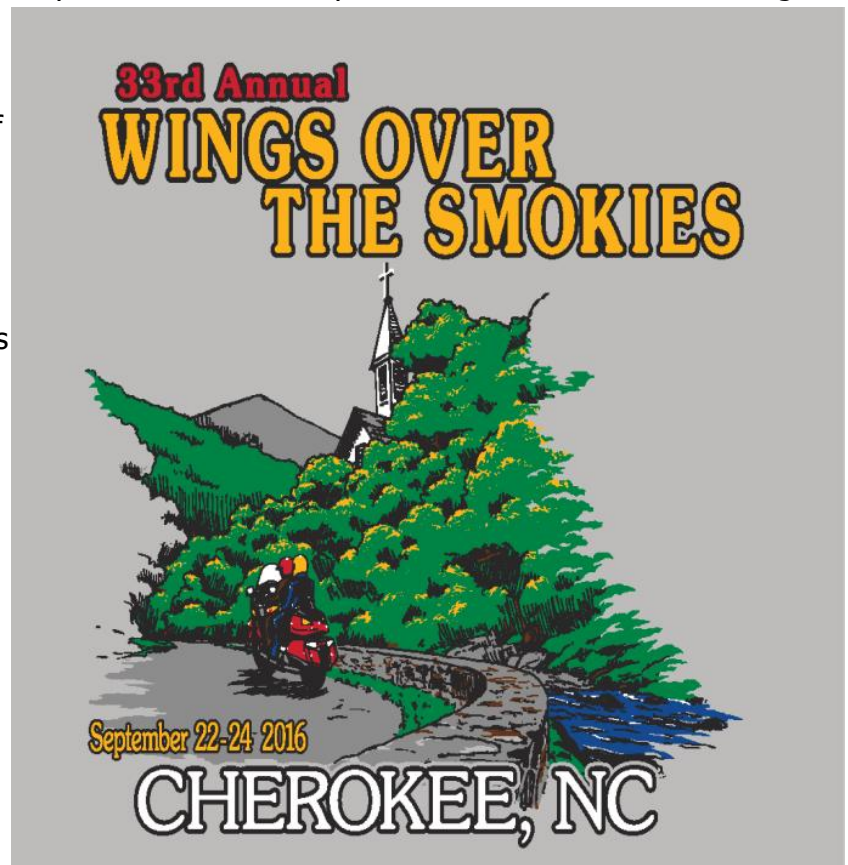
Reporter- Dottie Baker

North Carolina District Directors

Roy and Cindy Bryant

Just in case you have not heard yet, there is this little rally going on in Cherokee, NC. I have been told vendors will be there so I can buy some "safety stuff" for me and my ride as well as a lot of other things. If it gets warm outside, I heard I could go inside for more vendors, seminars and safety updates. Someone mentioned something about expert riders showing off un-usual motorcycle skills with specialty drill maneuvers. The "night life" provides a light parade, ice cream social and a talent show. A brand new Gold Wing will be given away as well as a Hartco motorcycle seat and a Bushtec cargo trailer. This is where I want to be September 22-24 because it sounds like the fun place to be. Let me get my registration in now!!!

The Couples' Retreat on June 25 was a huge success. The open forum allowed the couples to voice opinions about their responsibilities as a Chapter Couple. It also gave them an insight into the "selection" process. Guest speakers were Allen & Dottie Wessels, Region N Couple of the Year. Debra Lawler provided a great pasta meal with a few District Team members helping with other things. At



the end of the event, James and Debra pre-sented each couple with a unique pin.

A pin designed by Debra which will be presented at future retreats which will be a way to keep the Lawler's associated with North Carolina. Thanks James & Debra for all you did for the Cou-ples.

With sad hearts we all said goodbye to Jim Hays, CD of San-ford. Jim was loved by all that met him and he will be missed dearly. Sue has agreed to step up and con-tinue as Chapter Director and did a mighty fine job at their July 2 gath-ering. Thanks for being strong.

We plan to attend the SC Dis-trict Rally on July 14-16 as well as WV District Rally July 21-23. If anyone would like to join us, please feel free to help us promote WOTS and let these other Districts know, North Carolina is in the house.

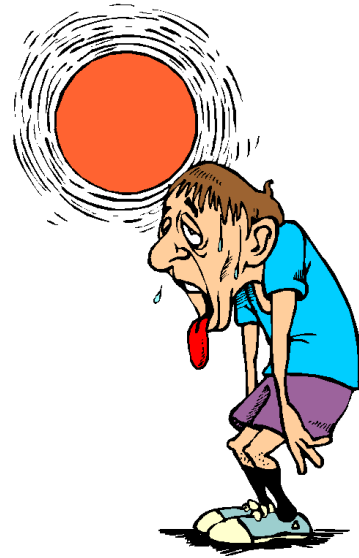
If anyone plans to attend Wing Ding in Billings this year, please help support North Carolina as we have been assigned to work On Site Registration on Tuesday August 30 & Thursday September 1. Just let us know if you could or would work either of the two days.

In closing, please ride safe where ever, how ever you travel.

Hope to see you all soon at a rally or chapter function.

MEMBERS ARE NUMBER ONE!!!!

Roy and Cindy Bryant



NC Assistant District Directors

East - Bobby and Susan Womack

My Fellow Goldwingers,

Once again that nasty word called work has taken over our time to do anything else. Susan and I did get to go to F2 Garner's fun day. It was good to see our friends show up and talk to them. It was a real special trip for us because we meet a young lady there who turned out to be on the Patriot Guard. Her name is Sandy, and she was able to take the request from Sue Hays over the phone for the Patriot Guard to honor Jim Hays the next day for his funeral and run with it. Sue and the rest of us didn't think they would have enough time to get them there, but when I got to the funeral home they had more than enough to stand a line for Jim Hays. Just remember if you have someone that you feel that the Patriot Guard should stand a line for, don't be afraid to ask. If they can put it to-gether in 24 hours like they did for Jim, they can do it even better with more time to prepare. The next thing I watched as we drove to the cemetery was a man on a bike stop his bike and got off as the hearse drove by and saluted the hearse. No one knew him, but that meant a lot to the family to see a stranger do that. I am sorry to say I don't re-member the lead rider for the Patri-ot Guard but when I thanked them for showing up in numbers like they did he told me that it was an Honor to Honor a veteran that served their country.

On to something a little happier. Wings Over the Smokies. Time is closing in for your rally. Just a little over 2 months and we will all meet in Cherokee for a good time. It will be time to see old friends and make

some new ones. It will be time to get some more bling for your bike or find that special item from one of our non-bling vendors. But first have you gotten your registration in, how about that motel room, made sure your boss knows that you are on vacation that week? We want everyone to have a great time and enjoy themselves. So until next time, ride if you can and watch out for the other folks that may be dis-tracted.

Bobby and Susan Womack
Asst. District Directors - East

Region N Director Thoughts

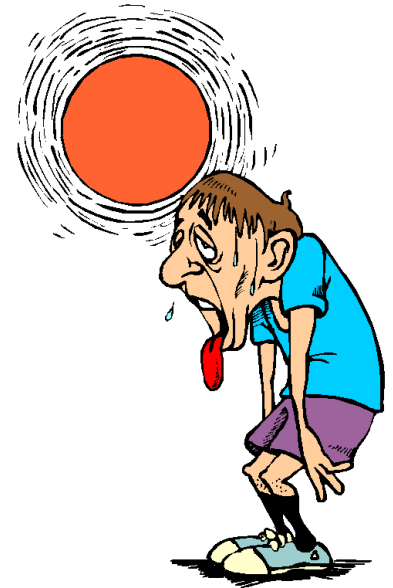
It's summer in the south and it's hot and humid. I'm happy to hear that lots of my friends aren't letting that keep them from riding and enjoying the fun & friendships that riding brings to our lives. Just be careful, keep hydrated and take cool off breaks often. Be aware of the condition of those riding with you. Not everyone may be able to withstand the heat as well as you. On the other side of the coin, don't be afraid to let the rest of the group know if you need to take a break.

The Lead Like You Ride seminar held in Pigeon Forge was a big success. I think you will like the new training model that is coming out of Phoenix. It reminds me somewhat of the Horizons programs that GWRRA has put on for several years. More class participation and a more relaxed (dare I say FUN) approach to learning. I strongly suggest that all of you, especially those in leadership roles, attend this class at your first opportunity. I think you will really enjoy it and you will get a sample of things to come.

July brings us the West Virginia Rally/Convention on the 22nd and 23rd. It will once again take place in Summersville at the National Guard Armory where it has been for the past several years. We are looking forward to seeing lots of you there this year. Bill & Beth Ann have been working hard to bring lots of fun and a nice selection of vendors to the event. West Virginia offers some beautiful roads to ride, so come prepared to take advantage of them.

We are also planning on attending the South Carolina Rally this year. I know several of our Region "N" members will also be there to represent us. This event will be held on the 14th through the 16th in Anderson, South Carolina. Will we see you there?

I hope you take advantage of rally season to reconnect with friends you only get to see a few times a year and to make new friends. This, after all, is the real joy of attending these events. Until next time, remember to ride safe, ride often, and above all else have FUN.



*Glenda and Alan Keough
Region "N" Directors*



2016 Dates to Remember..... **Flyers for events are on District Web Site**

Chapter NC-X2 Wilkesboro will not have a meeting in August

If you plan to visit any chapters and I hope you will, be sure to check the District Web Site to make sure they are having a meeting. Steve Craig does a good job of keeping this information updated as he is notified of cancellations.

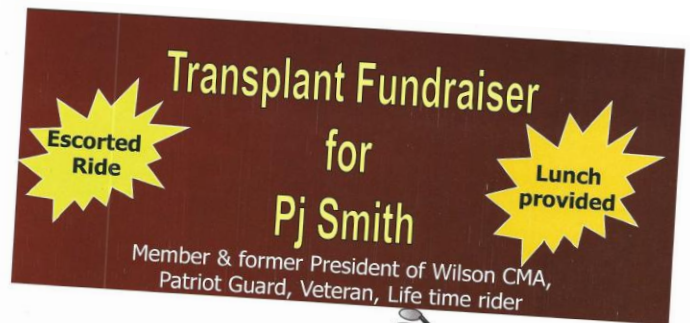
August 13, 2016
NC-T2 Albemarle "School Tools Ride"
RPM Cycles (flyer)

Ride for PJ Smith (flyer attached to the right)

August 18-20, 2016
Kentucky "The Blast" TBA

September 22-24, 2016
N C DISTRICT'S 33RD ANNUAL
"WINGS OVER the SMOKIES"

October 6-8, 2016
Virginia "Rally in the Valley"



August 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
P2 Forest City now meets Forest City Café, 2270 U.S. Hwy. 74A bypass, Forest City, NC	1	2 C2 Smithfield 730 at Parkside	3	4 V Statesville D Greenville 730 G High Point 730 Eat at 6:30pm	5 Game night at Wendy's	6 S2 Sanford 11 G2 Waynesville 4 Y2 Matthews 10
7	8	9 B2 Winston Salem 730 P2 Forest City 730 Z Rocky Mount 730	10	11 A Greensboro 730 T2 Albemarle 730	12 Game night at Wendy's	13 I Asheville 9 L2 Mooresville 930 X2 Wilkesboro 2 U2 Laurinburg 3 T2 Albemarle "School Tools Ride"

14 X WakeForest 5/6 PM O2 Hickory 6	15 W Eden 730 D2 NewBern 730	16 E Cary 730 L Gastonia 7 M Salisbury	17	18 F2 Garner 730 H2 Durham 730 E2 Eliz City 700 KENTUCKYDistrict	19 Game night at Wendy's RALLY	20 Q Wilmington 6 M2Hendersonville9 "The Blast"
21	22	23 R Thomasville 730	24	25 N Burlington 730	26 Game night at Wendy's	27 Y Morganton 7
28 K2 Fayetteville 2	29	30	31		Eastern Chapters	G High Point Cabo Grill Mexican Restau & Seafood, 10210 N.Main St., Archdale, NC.